

# SELF-SUFFICIENCY GOALS

To slowly chip at the chains connecting us to outside sources, we must set goals that define where we want to become more free and how we might venture to do so. Self-sufficiency goals should be specific, measurable, achievable, realistic, and timely.

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## Water Supply: Where will your water come from?

SPECIFIC

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MEASURABLE

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ACHIEVABLE

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REALISTIC

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TIMELY

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## **Shelter: What type of land/housing do you need?**

SPECIFIC

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MEASURABLE

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ACHIEVABLE

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REALISTIC

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TIMELY

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**Food: What do you need to grow to support yourself and your family?**

SPECIFIC

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MEASURABLE

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ACHIEVABLE

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REALISTIC

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TIMELY

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**Energy Sources: How will you power the utilities  
that contribute to your quality of life?**

SPECIFIC

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MEASURABLE

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ACHIEVABLE

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REALISTIC

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TIMELY

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**Finances: In what ways can you become immune to changes in employment?**

SPECIFIC

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MEASURABLE

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ACHIEVABLE

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REALISTIC

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TIMELY

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**Entertainment: How could you fill your time  
using the least amount of power?**

SPECIFIC

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MEASURABLE

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ACHIEVABLE

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REALISTIC

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TIMELY

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